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Janet Esposito, M.S.W. is the president of In the SpotLight, LLC, a company devoted to helping people overcome stage fright. Janet writes and speaks with deep

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Janet Esposito, MSW, is the president of In The SpotLight, Getting Over Stage Fright: A New Approach to Resolving Your Fear of Public Speaking and Performing.

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Getting Over Stage Fright is a great sequel to Janet's first book, In The Spotlight. It deepens and expands upon her earlier work to guide the reader on a journey of

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Janet Esposito Quick Facts In her Getting Over Stage Fright workshops, Janet has helped many hundreds of people overcome their fears through her compassion,

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Janet Esposito, M.S.W., is a licensed clinical social worker who has been in practice for over twenty-five years. In 1998 she started her Getting Over Stage Fright

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